



# GLUTEN FREE WATCHDOG

## Gluten Analysis: Nuts.com Green Lentils

Test date: December 20 & 21, 2018

Assay used: Sandwich R5 ELISA (R7001) with cocktail extraction

Limit of Quantification for this assay: 5 parts per million (ppm) of gluten

Testing facility: Bia Diagnostics, LLC, Colchester, Vermont, [www.biadiagnostics.com](http://www.biadiagnostics.com)

Sample Number	Lot Number	Extraction 1	Extraction 2
NCGL (ground sample 1)	p63818875	< 5 ppm gluten	> 84 ppm gluten
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NCGL (12/21) (ground sample 1, extraction 2 retest): > 84 ppm gluten			
NCGL (12/21) (ground sample 1, extraction 3): < 5 ppm gluten			
NCGL (12/21) (ground sample 1, extraction 4): 6 ppm gluten			
NCGL (12/21) (ground sample 2, extraction 1): < 5 ppm gluten			
NCGL (12/21) (ground sample 2, extraction 2): < 5 ppm gluten			

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Test results provide a snapshot picture of the gluten content of this product at one point in time. There is no way of knowing without testing many more samples whether the results of the one sample tested are representative of the gluten content of this product as a whole.